

# MID-VALLEY SUICIDE PREVENTION COALITION

**Date:** Tues. February 19, 2019

**Time:** 3:00 – 4:30 pm

**Location:** Salem Health Community Health Education Center (CHEC)  
939 Oak St. SE | Salem, OR | Building D | Classrooms 1&2

## Meeting Minutes

Time	Topic
3:00 pm	<b>Welcome &amp; Introductions</b>
3:15 pm	<b>Oregon Alliance to Prevention Suicide</b> <ul style="list-style-type: none"><li>• <b>Annette Marcus</b>, Statewide Suicide Prevention Liaison</li><li>• The Alliance was established to oversee the implementation and evaluation of Oregon's <a href="#">Youth Suicide Intervention and Prevention Plan</a>.</li><li>• The following key themes are embedded throughout the plan:<ul style="list-style-type: none"><li>○ Promoting a sense of <b>hope</b> and highlighting resources</li><li>○ Normalizing <b>help</b>-seeking behaviors, supporting individuals and systems to provide help</li><li>○ Engaging individuals and communities in the <b>healing</b> process after an attempt or suicide</li></ul></li><li>• An executive summary of the plan, an overview of the Alliance, and Annette's slides can be found <a href="#">here</a></li><li>• A flyer about 2019 legislative advocacy for suicide prevention can be found <a href="#">here</a></li><li>• For more information about the Alliance or how to get involved, visit their <a href="#">website</a> or contact <a href="#">Annette</a></li><li>• If you are planning to attend the <a href="#">Oregon Suicide Prevention Conference</a> in Sunriver, consider joining the Alliance for an informal reception and networking opportunity with folks from other local coalitions on Wed. evening, <b>March 15</b> at <b>5:30 pm</b>. Location information will be available at conference registration/check-in.</li></ul>
3:35 pm	<b>Working Group Structured Work Time</b> <ul style="list-style-type: none"><li>• Groups formed around specific topics related to the previously identified <a href="#">priorities</a> and worked together to complete a <a href="#">planning worksheet</a> that will help the coalition develop a strategic plan.</li><li>• Even if you were unable to participate in this process, or if you were interested in more than one topic, your participation is still needed!</li><li>• Whether you attended the meeting or not, we're asking everyone to complete this <a href="#">brief survey</a> to help us move forward with the formation of working groups and the strategic planning process.</li></ul>
4:15 pm	<b>Partner Updates &amp; Announcements</b> <b>Now Passed</b> <ul style="list-style-type: none"><li>• <b>Salem Progressive Film Series</b> screening of the movie <b>Resilience</b> on <b>Feb. 19</b></li><li>• <b>Salem City Club luncheon</b> on <b>Feb. 22</b> – Oregon Youth: Crisis in Mental Health</li></ul>

Time	Topic
------	-------

**Past Events, continued**

- **Injury Control Research Center for Suicide Prevention Webinar:** Promoting Connectedness for Youth through Social Networks, **Feb. 22**. Info about this and other archived webinars can be found [here](#).
- **Mt. Angel SD** hosted a **QPR training** on **Feb. 28**. See [flyer](#) for more details.

**Upcoming Events**

- **Gervais School District** is hosting **QPR Trainings** in Spanish (**March 5**) and English (**March 12**), open to the community. See [flyers](#) for more details.
- **The Oregon Alliance to Prevent Suicide** is hosting a reception at the [Oregon Suicide Prevention Conference](#) in Sunriver on **March 15** at **5:30 pm**. More info at check-in.
- **Western Oregon University** is hosting an **Out of the Darkness walk, May 17, 4-6 pm** as part of Mental Health Awareness Month. The entire community is encouraged to participate. Contact [Tim Glascock](#) if you are interested in volunteering, hosting an agency table, or for more information.
- **PEERPOCALYPSE**, a conference for leaders and others in the peer community, will be held in Salem, **May 20-23**. The Mid-Valley Behavioral Care Network (BCN) is offering many scholarships for peers and providers in the region. Visit [PEERPOCALYPSE](#) for more info about the event. Contact [Clay Peterson](#) for scholarship information.
- [The Oregon College & University Suicide Prevention Project](#) will be hosting a training with Dr. Thomas Joiner, psychologist and leading expert on suicide. The event is tentatively scheduled for **June 27** at **Portland State University**. Health Professionals will be able to **earn 5 CE's**. More information as details are confirmed.

**Other Announcements**

- **Marion & Polk Community Health Assessment:** The [full report](#) is now available. Priorities include Behavioral Health Supports, Housing, and Substance Use.

**4:25 pm What's Next?**

- Next meeting: Tues. March 19, 3–4:30 pm, Location TBD

**Parking Lot**

- Resources related to peers
- Access to lethal means (especially guns)
- Increasing outreach to parents
- Sexting as a topic leading to suicide
- Community readiness assessment
- Vicarious Trauma for First Responders

**Action Items**

- **Attendees at the meeting:** If your working group didn't return a completed worksheet, please send those to [Michelle](#) by **March 11**.
- **Everyone:** Please complete the [planning survey/interest form](#) by **March 11**.
- If you have ideas or leads on free **meeting space in West Salem**, please contact [Michelle](#).