

# MID-VALLEY SUICIDE PREVENTION COALITION

Date: Tues. January 15, 2019

Time: 3:00 – 4:30 pm

Location: West Salem Foursquare Church | 3094 Gehlar Rd. NW

## Meeting Minutes

Time	Topic
3:00 pm	<p><b>Welcome &amp; Introductions</b></p> <ul style="list-style-type: none"><li>• Happy New Year! We're very excited for our first coalition meeting with both our Polk County and Marion County partners and the newly merged regional Mid-Valley Suicide Prevention Coalition (MVSPC).</li><li>• Everyone was asked to consider their role or function in the Coalition moving forward. These notes will help formulate a formal structure.</li></ul>
3:20 pm	<p><b>Mid-Valley Suicide Prevention Coalition (MVSPC) – Polk and Marion Counties in it together!</b></p> <ul style="list-style-type: none"><li>• <b>Vision</b> – Knowing that our residents live, play, work, and worship across the divide of our county lines, we hope to better meet the needs of all our residents.<ul style="list-style-type: none"><li>○ Create a Coalition that is responsive to communities' needs while honoring the priorities that both counties have previously identified</li><li>○ Utilize a strategic planning framework, remain data-driven, and implement evidence-base solutions</li><li>○ Coordinate efforts among agencies and pool resources for the greater good</li></ul></li><li>• <b>Priorities</b><ul style="list-style-type: none"><li>○ Polk County reviewed themes from previous coalition meetings and identified recurring priorities, which can be found <a href="#">here</a>.</li><li>○ Marion County hosted a suicide prevention forum in May 2018 where partners mapped current efforts, identified gaps, and offered solutions, found <a href="#">here</a>.</li><li>○ Top priorities from both, showing significant overlap, are in the <a href="#">meeting slides</a>.</li></ul></li><li>• <b>Structure</b><ul style="list-style-type: none"><li>○ Need a structure that allows us to address all identified priorities and remain nimble to emerging needs, that encourages broad participation and action from members.</li><li>○ Marion and Polk Counties will continue providing <b>strategic leadership</b>, backbone supports, and technical assistance.</li><li>○ We discussed creating <b>working groups</b> that could include the following purposes:<ul style="list-style-type: none"><li>– <b>Foundational or functional parts of the coalition</b> (e.g. data &amp; assessment, marketing &amp; communication, seeking grants/external funding, ACEs and trauma-informed communities, etc.)</li><li>– <b>Project or topic/task-based</b> (e.g. Polk County's video project, Coordinating training efforts, planning a specific event, developing an anti-stigma campaign, etc.)</li><li>– <b>Population/community-specific</b> (e.g. youth, veteran, older adult, LGBTQ+, culturally-based communities, a specific school, etc.)</li></ul></li></ul></li><li>• <b>Logistics/Meeting Structure</b><ul style="list-style-type: none"><li>○ The Coalition will continue to meet monthly. Frequency can be reassessed once foundational elements and working groups are in place.</li></ul></li></ul>

Time	Topic
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- Will continue to hold 10-20 min. “feature spots” for learning more about agencies and work happening in the community, and will maintain at least 10 min. for partner updates and announcements.
- Regular meeting space in West Salem continues to be a need. If you are aware of space that can be reserved for free, please contact [Michelle Bangen](#).
- **Next Steps**
  - Look for and complete the **Working Group Interest Form** later this month!
  - Marion and Polk Counties will begin drafting **documents of collaboration** with an updated mission reflecting priorities identified by both counties, outlining the proposed structure and shared vision/agreements for how the group will operate.
  - The draft will be shared for further discussion and feedback.

#### Grant Opportunity

- The MVSPC submitted a grant proposal to the Willamette University MBA program, and has cleared the second selection round.
- Seeking \$35,000 to train additional ASIST facilitators and promote the newly merged coalition, community training calendar, and other messaging/educational resources.
- **Please consider submitting a letter of support, due Fri. Jan. 18.** Send letters or questions to [Abby Warren](#) who also has a template letter you may use or edit.

#### Website Update

- Web developers are very close to completing the new website. We will spend time in the next meeting exploring it.

3:55 pm

#### ILEAD Youth Leadership Summit

- [Susan McLaughlin](#), Marion County Health & Human Services
- This annual youth leadership summit has grown from serving 35 Woodburn students in 2008 to 150 students across Polk and Marion Counties in 2018.
- Data was shared from the past two years offering insight to what youth are asking for.
- They are struggling and seeking additional resources, asking for more skills around mental health and suicide prevention.
- Are there opportunities for making this more than a once-a-year event? Youth need to be involved in finding solutions...how can we help them feel safe and empowered to do so?
- More info about ILEAD and participant feedback can be found in the [meeting slides](#).

4:20 pm

#### Partner Updates & Announcements

- **Kelly Martin** shared information about the popular documentary, [Screenagers](#), which MCHHS is offering to all Marion County School Districts. Mt. Angel is hosting an event on [Jan. 31](#). Salem-Keizer schools will have events in March and April, TBD. For more information or to request a viewing, contact [Kelly](#).
- **Kristi Woolner** announced that 5 more WESD teachers became trained QPR Facilitators, bringing the total to ~65 facilitators between Marion and Polk Counties. **Ishawn Ealy** noted that Salem-Keizer is coordinating another training in an effort to have a QPR facilitator in each S-K high school.
- **Alyssa Gaiser** shared Salem Health’s upcoming QPR dates: **Jan. 19, Feb. 6, Feb. 16, March 16**. Visit the [MVSPC community calendar](#) for more details and to register.

Time	Topic
	<ul style="list-style-type: none"> <li>• ACEs Connection monthly <a href="#">webinar series</a> starts <b>Jan. 25</b>, 9-10 am – <a href="#">Session 1: Starting &amp; Growing Resilient Communities</a></li> <li>• Northwest Center for Public Health Practice offering a webinar, <a href="#">Systems Thinking in Public Health</a> – <b>Jan. 29</b>, 12-1 pm</li> </ul>
<b>4:30 pm</b>	<b>What's Next?</b> <ul style="list-style-type: none"> <li>• <b>Next meeting:</b> Tues. February 19, 3-4:30 pm, Location TBD</li> </ul>

### Parking Lot

- Connection to ACEs (adverse childhood experiences – trauma)
- Resources related to peers
- Access to lethal means (especially guns)
- Increasing outreach to parents
- Sexting as a topic leading to suicide
- Community readiness assessment
- Vicarious Trauma for First Responders

### Action Items

- Consider submitting a letter of support for the MVSPC grant proposal to [Abby Warren](#) by **Fri. Jan. 18**. More details in the Grant Opportunity agenda item (pg. 2).
- If you have ideas or leads on free meeting space in West Salem, please contact [Michelle Bangen](#).
- Look for and complete the Working Group Interest Form, coming soon.